

INDIVIDUAL ENTREES Menu

Dish	Dish Description	Price Description	Price
Butternut & Bacon Mac & Cheese	Creamy white cheddar macaroni and cheese made even better with rich roasted Butternut and bacon ! Contains Dairy & Gluten	SMALL	\$8.00
		MEDIUM	\$9.00
		LARGE	\$10.00
		FAMILY 2 SERVING	\$16.00
		FAMILY 4 SERVING	\$26.00
		FAMILY 6 SERVING	\$34.00
Spinach Manicotti Bowl	Pasta shells with tons of creamy cheeses and fresh spinach then baked with our mega marinara until bubbly and gooeyÂ This is a family favorite for sure! Contains Dairy/VegetarianÂ 9.00 Available in larger, family size , oven-ready portionsÂ Â	SMALL	\$8.00
		MEDIUM	\$9.00
		LARGE	\$9.50
		2 FAMILY	\$16.00
		4 FAMILY	\$30.00
		6 FAMILY	\$42.00
Prime Rib Bowl	Seasoned and slow roasted beef tenderloin with Yukon Gold mashers , fresh broccoli and rich roasted garlic Au Jus and creamy horseradish . Gluten Free	Small	\$8.50
		Medium	\$10.00
		Large	\$11.00
Teriyaki Salmon Lettuce Wraps	Wild Salmon,asparagus & stir fry veggies with crispy lettuce wraps. Served with Sweet Sesame Teriyaki KetoStyle/LowCarb/GrainFree/Detox	Medium	\$9.00
		Large	\$10.00
Chicken Avocado Enchilada Bake	Soft corn tortillas layered with fresh avocado , shredded chicken , queso fresco & mozzarella cheeses. Baked with chile verdeÂ enchilada sauce and serves with mexi rice & Chef Diane's SalsaÂ Contains Dairy & Corn	INDIVIDUAL	\$9.00
		FAMILY 2 SERVING	\$16.00
		FAMILY 4 SERVING	\$28.00
		FAMILY 6 SERVING	\$36.00
Boneless Wings	Tender grilled chicken breast strips with your choice of sauce- BBQ , Sweet & Spicy Fire or classic Buffalo . Served with clean ranch and fresh veggies for dipping Gluten Free/Contains Dairy Contains Dairy/LowCarb/KetoStyle Gluten Free	BBQ	\$8.50
		SWEET & SPICY FIRE	\$8.50
		BUFFALO	\$8.50

Build Your Own Salad	It's like having a salad bar delivered to your door - Choose your veggies, toppings, protein and dressing! Choice of One Green, One Protein, Three Veggies and One Dressing.	Choose Your Options	\$0.00
Chicken Quinoa Salad		Each	\$8.00
Clean Green Lean Meal	Your choice of beef tenderloin, all natural chicken breast or wild salmon with two full cups of seasonal veggies and a side of balsamic vinaigrette. Gluten Free	Small	\$7.00
		Medium	\$8.00
		Large	\$9.00
Cranberry Chicken Salad	All natural chicken breast and Craisins with celery, lemon and egg free non-gmo Just Mayo! on top of crisp romaine â€œ A customer favorite! Detox / Paleo / Low Carb / Grain Free Gluten Free	Small	\$7.00
		Medium	\$7.50
		Large	\$8.00
Pulled Pork	Pork sirloin slow simmered in apple cider and our clean BBQ sauce. Served with roasted sweet potatoes and an extra side of clean BBQ for dunking Paleo/Low Carb/Grain Free Gluten Free	Small	\$7.00
		Medium	\$7.50
		Large	\$8.00
Shepherd's Pie	Ground turkey and veggies seasoned just right and topped with a yukon gold-cauliflower crust. Gluten Free	Small	\$7.00
		Medium	\$7.50
		Large	\$8.00
Simple Meal	Your choice of all natural chicken breast, beef tenderloin or wild salmon with brown rice and fresh broccoli. Gluten Free	Small	\$7.50
		Medium	\$8.00
		Large	\$9.00
Slow Roasted Pork Sirloin	All-natural pork sirloin cooked low and slow until super tender and served with Yukon gold smashed potatoes and baby carrots. Paleo / Low Carb / Grain free / Available KetoStyle Gluten Free	Small	\$7.50
		Medium	\$8.00
		Large	\$8.50
Thai Turkey Lettuce Wraps	Satay seasoned turkey and veggies served with crispy romaine lettuce wraps. Served with a side of â€œcreamyâ€ Sriracha sauce to spice things up! Contains Nuts / Detox / Paleo / Low Carb / Grain free Gluten Free	Medium	\$8.00
		Large	\$8.50
Turkey Meatloaf	SUPER CLEAN GLUTEN FREE CLASSIC SERVED WITH SWEET TINY PEAS, YUKON GOLD MASHERS & CLEAN KETCHUP. CONTAINS EGG/PALEO/LOW CARB/LOW FAT. Gluten Free	Small	\$7.50
		Medium	\$8.00
		Large	\$8.50
Wild Salmon	Wild salmon baked with fresh herbs and lemon alongside brown rice and roasted Summer veggies. Served with Hello Flavor! Clarified Butter. Detox/Available Low Carb or	Small	\$8.00
		Medium	\$9.00

	KetoStyle. Gluten Free	Large	\$10.00
Zesty Turkey & Rice	Our own zesty ground turkey on a bed of veggies and brown rice, Served with Chef Diane's™ salsa & fresh lemon. Detox / Available Paleo & Low Carb Gluten Free	Small	\$7.00
		Medium	\$7.50
		Large	\$8.25